

SSAFA FORCES HELP NEEDS YOU!

The Soldiers, Sailors, Airmen and Families Association (SSAFA) Forces Help **needs you**.

There are over 10 million people eligible for help from SSAFA Forces Help, the leading national charity committed to helping those who serve in our Armed Forces, those who used to serve and the dependents of both. We provide a reliable, caring and trusted service to more than 50,000 people each year.

Volunteers can give as little or as much time as they can spare. There are positions for people interested in practical case work as well as other roles such as team leaders, treasurers and fundraisers. SSAFA Forces Help also has a network of volunteers who work within serving communities.

Freemasons, by their very nature, are accustomed to offering help and support in the community. We already have many Freemasons helping in our work but we are looking for more.

If you would like to be part of our important volunteer team that cares for those who have left the Services please get in touch. Training is provided and all out of pocket expenses are paid.

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